

Taco Soup
(Serves 8-12) Dutch Oven
Donated by Ed Hedborn, Boy Scout Roundtable

- 1 lb. lean ground beef
- 1 packet taco seasoning
- 1 packet fat free ranch dressing
- 1 onion (chopped)
- 2 cans diced tomatoes
- 1 can black beans (drained)
- 1 can chili beans (or other beans)
- 1 can nibblets corn
- 1 can water

Directions:

Brown beef and chopped onion in the Dutch oven, and drain. Place all ingredients in the Dutch oven and simmer.

Serve sprinkled with fat free sour cream or shredded cheddar cheese.