

Spam® and Sweet Potato Foil Meal (serves 8) Foil Meal

1 can Spam®, cut into 8 slices
1 can (8 ounce) crushed pineapple, drained
1 can (15 ounce) sweet potatoes, drained
1/4 cup brown sugar
heavy-duty aluminum foil
mini-marshmallows (optional)

Directions: Place one Spam® slice onto a foil sheet, and sprinkle brown sugar on both sides. Spread a little bit of the crushed pineapple over the Spam®, then top with some of the sweet potatoes. Sprinkle a little bit more brown sugar and pineapple over the sweet potatoes.

Bring up the sides of the foil and double fold. Double fold ends to form the packet. Leave room for heat to circulate inside the packet.

Bake 15 to 25 minutes on coals until potatoes are cooked. After cooking, carefully open the ends of the foil packets to allow steam to escape. Then open the top and enjoy.

Optionally open the foil when done, place some mini-marshmallows on top and heat until the marshmallows are soft. Then serve and enjoy.

Ed Hedborn (BS Roundtable Commissioner)